

OCTOBER 2018 ELEMENTARY K-8 COLD BREAKFAST

WWW.CPS.EDU/MENU

ALL STUDENTS EAT FREE!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

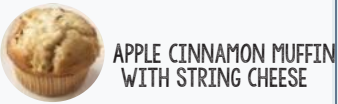
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2

3

4

5



APPLE CINNAMON MUFFIN WITH STRING CHEESE



PB & JELLY GRAHAM CRACKER BAR



NEW!
STRAWBERRY KIWI BAR



NEW!
OATMEAL RAISIN BAR



NEW!
STRAWBERRY CREAM CHEESE MINI BAGELS

CHEERIOS & GRAHAM CRACKERS



FROSTED MINI WHEATS & STRING CHEESE



CHEERIOS & STRING CHEESE



FROSTED MINI WHEATS & STRING CHEESE



CHEERIOS & STRING CHEESE



DRIED CRANBERRIES FRESH PEAR



DICED PEARS FRESH ORANGE



APPLESAUCE FRESH BANANA

DRIED PEACHES & FRESH PLUM



APPLE JUICE FRESH BANANA

8

9

10

11

12



BLUEBERRY MUFFIN & STRING CHEESE



NEW!
MANGO BANANA BAR



COLD MINI CINNAMON CREAMY CHEESE BAGELS



PB & JELLY GRAHAM CRACKER BAR

CHEERIOS & GRAHAM CRACKERS



FROSTED MINI WHEATS & STRING CHEESE



CHEERIOS & STRING CHEESE



FROSTED MINI WHEATS & STRING CHEESE



DRIED CRANBERRIES FRESH PEAR



APPLESAUCE FRESH BANANA

DRIED PEARS & FRESH PLUM



FRUIT JUICE FRESH BANANA

Good Morning! Let's Grab Breakfast.

Breakfast is available for every student, even after the final morning bell rings.

We proudly serve chicken raised with No Antibiotics Ever!

SunButter will be substituted in buildings with peanut-free menus.

All Meals Are **FREE** Every Day!

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are offered daily.

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

This institution is an equal opportunity provider.

Our menus are pork-free!
All menus are subject to change.
Not all offerings may be available in all buildings.



Questions? Contact us at food@cps.edu

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15



APPLE CINNAMON MUFFIN
WITH STRING CHEESE



CHEERIOS
& GRAHAM CRACKERS



DRIED CRANBERRIES
FRESH PEAR

16



PB & JELLY
GRAHAM
CRACKER BAR

FROSTED MINI
WHEATS
& STRING CHEESE



DICED PEARS
FRESH ORANGE

17

NEW!



STRAWBERRY
KIWI BAR

CHEERIOS &
STRING CHEESE



APPLESAUCE
FRESH BANANA

18

NEW!



OATMEAL
RAISIN BAR

FROSTED MINI
WHEATS
& STRING CHEESE



DRIED PEACHES & FRESH PLUM

19

NEW!



STRAWBERRY
CREAM CHEESE
MINI BAGELS

CHEERIOS &
STRING CHEESE



APPLE JUICE
FRESH BANANA

22



BLUEBERRY MUFFIN
& STRING CHEESE

FROSTED MINI
WHEATS
& GRAHAM CRACKERS



DRIED CRANBERRIES
FRESH PEAR

23



FRENCH TOAST
BAR

CHEERIOS
& STRING CHEESE



DICED PEACHES
FRESH ORANGE

24

NEW!



MANGO BANANA
BAR

FROSTED MINI
WHEATS
& STRING CHEESE



APPLESAUCE
FRESH BANANA

25



FRUIT PARFAIT
GRAHAM
CRACKERS

CHEERIOS &
STRING CHEESE



DRIED PEARS & FRESH PLUM

26



PB & JELLY
GRAHAM CRACKER
BAR

FROSTED MINI
WHEATS
& STRING CHEESE



FRUIT JUICE
FRESH BANANA

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p>  <p>APPLE CINNAMON MUFFIN WITH STRING CHEESE</p>  <p>CHEERIOS & GRAHAM CRACKERS</p>  <p>DRIED CRANBERRIES FRESH PEAR</p>	<p>30</p>  <p>PB & JELLY GRAHAM CRACKER BAR</p>  <p>FROSTED MINI WHEATS & STRING CHEESE</p>  <p>DICED PEARS FRESH ORANGE</p>	<p>31</p> <p>NEW!</p>  <p>STRAWBERRY KIWI BAR</p>  <p>CHEERIOS & STRING CHEESE</p>  <p>APPLESAUCE FRESH BANANA</p>	<p>1</p> <p>NEW!</p>  <p>OATMEAL RAISIN BAR</p>  <p>FROSTED MINI WHEATS & STRING CHEESE</p>  <p>DRIED PEACHES FRESH PLUM</p>	<p>2</p> <p>NO CLASSES SCHOOL IMPROVEMENT</p>

Good Morning! Let's Grab Breakfast.

- Breakfast is available for every student, even after the final morning bell rings.
- We proudly serve chicken raised with No Antibiotics Ever!
- All of this year's new items are CPS student-tested and approved.
- SunButter will be substituted in buildings on peanut-free menus.

All Meals Are **FREE** Every Day!

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