K-12 Lunch

March 2021, In-School

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Crunchers (V) with Marinara Sauce Zucchini Slices with Garlic Veggie Dip Orange	2 Beef Soft Tacos Black Bean Salsa Pear	3 Chicken Tenders Potato Emojis Orange	4 Big Daddy's Pizza (V) Fresh Broccoli Apple Slices	5 Hamburger Crinkle Cut Fries Blueberries
Try zucchini slices with a zesty garlic veggie dip March 1 , 9 and 22!				
8 Vegetarian Sloppy Joe (V) Fresh Broccoli Orange	9 Chicken Meatball Marinara Sub Zucchini Slices with Garlic Veggie Dip Pear	10 Chicken Tenders Crinkle Cut Fries Apple Slices	11 Big Daddy's Pizza (V) Baby Carrots Fresh Orange	12 Fish Sticks with Dinner Roll Fresh Broccoli Strawberries

Tap into plant-based power with the Vegetarian Sloppy Joe, March 8!

Plant-Forward Monday: Try out meat-free specialties!

Tortilla Tuesday is where whole-wheat tortillas or whole-grain chips meet tasty flavor combinations sure to satisfy!

Windy City Wednesday is when you can savor recipes inspired from around the city and the world!

Throwback Thursdays are where your favorite flavors come to the café!

Feel Good Fridays finish strong with simple, delicious meals to end the week.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings.

Questions? E-mail us at food@cps.edu!

All chicken served is **No Antibiotic Ever.**

Our menus are **pork-free.**

Vegetarian entrees are identified with (V).

Local produce grown within 350 miles is identified with (L).

Gluten-Free products are identified with (GF).

Menus containing **fish** are identified with

We only use heart-healthy **whole grains**.

Our **milk** options include 1% low-fat and fat-free milk.

NUTRITION SERVICES — FUELING CHICAGO'S LEARNING

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K-12 Lunch

March 2021, In-School

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15 Cheese Stick (V) with Marinara Sauce Fresh Broccoli Orange	**16** Chicken & Cheese Nachos Black Bean Salsa Pear	**17** Chicken Tenders Crinkle Cut Fries Apple Slices	**18** Big Daddy's Pizza (V) Baby Carrots Orange	**19** Beef Chili Mac Vegetable Medley Blueberries
Get your chip fix each Tuesday! Pick up nachos with special toppings each week.				
22 Vegetarian Sloppy Joe (V) Zucchini Slices Orange Garlic Veggie Dip	**23** Bean & Cheese Nachos (V) Baby Carrots Pear	**24** Hamburger Potato Emojis (L) Strawberries	**25** Chicken Tenders Fresh Spinach Cinnamon Applesauce	**26** Big Daddy's Pizza (V) Fresh Broccoli Orange
Pick your perfect pizza! Try Big Daddy's pizza with different toppings every Thursday!				

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