

JANUARY 2019

Afterschool Cold Dinner and Snacks

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 <u>FEATURED ENTREES</u> Chicken Wrap Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers	8 <u>FEATURED ENTREES</u> Turkey & Cheese Wrap Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Saltine Crackers and Peanut Butter	9 <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Cheddar Goldfish Crackers	10 <u>FEATURED ENTREES</u> Turkey & Cheese Sandwich Veggie Cheese Sub Fruit and Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers and Apple Juice	11 <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Celery Sticks w/ Ranch Dressing & String Cheese
14 <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Pretzels & String Cheese	15 <u>FEATURED ENTREES</u> Turkey & Cheese Sub Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Half PB & Jelly Sandwich	16 <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich Veggie Baja Salad Fruit & Vegetable Variety <u>SNACK</u> Cheddar Goldfish Crackers and Apple Juice	17 <u>FEATURED ENTREES</u> Chicken Wrap PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers	18 <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers and String Cheese
21 Martin Luther King, Jr. Day	22 <u>FEATURED ENTREES</u> Turkey & Cheese Wrap Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Cheeze-It Crackers, Fresh Broccoli & Ranch Dressing	23 <u>FEATURED ENTREES</u> Chicken Wrap Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers with String Cheese	24 <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers and Apple Juice	25 <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzels and String Cheese
28 <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sandwich Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Cheddar Goldfish Crackers	29 <u>FEATURED ENTREES</u> Turkey & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Half PB & Jelly Sandwich	30 <u>FEATURED ENTREES</u> Chicken Wrap Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers with String Cheese	31 <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers and Apple Juice	1 No Classes School Improvement Day

- We offer a daily rotation of vitamin and mineral-rich seasonal fresh and cupped fruits including: apples, oranges, pears, bananas, cantaloupe & honeydew, grapes, kiwi, and peaches.
- We use only heart-healthy whole grain breads, pastas, and rice.
- Our milk varieties include 1% low fat & fat-free choices.
- Our menus are pork-free!
- In Peanut-Free Buildings, SunButter™ will be substituted.
- All menus are subject to change.
- Not all offerings may be available in all buildings.

All meals and snacks are free, every day!

**We are proud to serve
No Antibiotics Ever labeled chicken!**

Find our menus at www.cps.edu/menu