

# February 2019

## Afterschool Cold Dinner and Snacks

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>4</b> <u>FEATURED ENTREES</u> Turkey & Cheese Wrap Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers	<b>5</b> <u>FEATURED ENTREES</u> Chicken Wrap Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Saltine Crackers and Peanut Butter	<b>6</b> <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Cheddar Goldfish Crackers	<b>7</b> <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich Veggie Cheese Sub Fruit and Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers	<b>8</b> <u>FEATURED ENTREES</u> Turkey & Cheese Sandwich Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Celery Sticks w/ Ranch Dressing & String Cheese
<b>11</b> <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Pretzels & String Cheese	<b>12</b> <u>FEATURED ENTREES</u> Turkey & Cheese Sub Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Half PB & Jelly Sandwich	<b>13</b> <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich Veggie Baja Salad Fruit & Vegetable Variety <u>SNACK</u> Cheddar Goldfish Crackers and Apple Juice	<b>14</b> <u>FEATURED ENTREES</u> Chicken Wrap Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers	<b>15</b> <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers and String Cheese
<b>18</b> Martin Luther King, Jr. Day	<b>19</b> <u>FEATURED ENTREES</u> Turkey & Cheese Wrap Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers, Fresh Broccoli & Ranch Dressing	<b>20</b> <u>FEATURED ENTREES</u> Chicken Wrap Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers with String Cheese	<b>21</b> <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers and Apple Juice	<b>22</b> <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzels and String Cheese
<b>25</b> <u>FEATURED ENTREES</u> Turkey & Cheese Sandwich Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Cheddar Goldfish Crackers	<b>26</b> <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sandwich PB & Jelly Sandwich Fruit & Vegetable Variety <u>SNACK</u> Half PB & Jelly Sandwich	<b>27</b> <u>FEATURED ENTREES</u> Chicken Wrap Veggie Cheese Sub Fruit & Vegetable Variety <u>SNACK</u> Pretzel Goldfish Crackers with String Cheese	<b>28</b> <u>FEATURED ENTREES</u> Chicken-Ham, Turkey & Cheese Sandwich Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Cheez-It Crackers and Apple Juice	<b>1</b> <u>FEATURED ENTREES</u> Chicken-Ham & Cheese Sub Yogurt & Cheese Fun Kit Fruit & Vegetable Variety <u>SNACK</u> Pretzels String Cheese

- We offer a daily rotation of vitamin and mineral-rich seasonal fresh and cupped fruits including: apples, oranges, pears, bananas, cantaloupe & honeydew, grapes, kiwi, and peaches.
- We use only heart-healthy whole grain breads, pastas, and rice.
- Our milk varieties include 1% low fat & fat-free choices.
- Our menus are pork-free!
- In Peanut-Free Buildings, SunButter™ will be substituted.
- All menus are subject to change.
- Not all offerings may be available in all buildings.

**All meals and snacks are free, every day!**

**We are proud to serve  
No Antibiotics Ever labeled chicken!**

**Find our menus at [www.cps.edu/menu](http://www.cps.edu/menu)**



This institution is an equal opportunity provider.

Our menus are pork-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.

Questions? E-mail us at [food@cps.edu](mailto:food@cps.edu)