

AFTERSCHOOL SNACK


September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
Graham Crackers Apple	Blueberry Bagel w/ Grape Jelly 1% Milk	String Cheese Celery Sticks w/ Ranch Dressing	Cheez-It Crackers 1% Milk	Muffin String Cheese

Welcome back to school dining!

6	7	8	9	10
HAPPY LABOR DAY *** NO SCHOOL	String Cheese Cucumber Slices w/ Ranch Dressing	Carrot Bread 1% Milk	Apple Cinnamon Muffin 1% Milk	Goldfish Crackers 1% Milk

Have a snack on us.

All chicken served is **No Antibiotic Ever**.
 Our menus are **pork-free**.
Plant-forward or meatless entrees are identified by (V).
Hot supper items are identified by (H).
Cold supper items are identified by (C)
 Menus containing **fish** are identified with 
 We only use heart-healthy **whole grains**.
 Our **milk** options include 1% and fat-free.
Thank you for dining with us!

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?
 E-mail us at food@cps.edu!



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Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
Celery Sticks w/ Peanut Butter or SunButter	Dick & Jane Crackers 1% Milk	String Cheese Celery Sticks w/ Ranch Dressing	Blueberry Bagel w/ Grape Jelly 1% Milk	Yogurt Apple

Need a pick me up? Grab a CPS after school snack!

20	21	22	23	24
Goldfish Crackers 1% Milk	Muffin String Cheese	Graham Crackers 1% Milk	String Cheese Cucumber Slices w/ Ranch Dressing	Carrot Bread Apple

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27	28	29	30	1
Blueberry Bagel w/ Grape Jelly 1% Milk	Cheez-It Crackers Apple	String Cheese Fresh Broccoli w/ Ranch Dressing	Graham Crackers 1% Milk	Apple Cinnamon Muffin Yogurt

The school day may end, but your meals don't have to!

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